

Continuing Professional Development: CPD

Directed Private Study Record Sheet

Name.....

Wheel membership number

Year.....



THE BRITISH WHEEL OF
YOGA™

Use this form to record 7.5 hours of Directed Private Study, which will earn you 5 CPD points. This is the maximum number of CPD points you can accrue from self study per calendar year. This form should be clipped to the CPD Record Sheet as evidence of compliance with the BWY's CPD requirements. Complete the first two sections of the form BEFORE you begin your self study

What is it that you propose to study?

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What resources (such as books) will you be using?

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How do you hope that this contribute to your teaching and continuing professional development?

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Reflective practice. Use the space below to reflect on how helpful the self study exercise was and the ways in which it has or hasn't helped your teaching

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Continue on a separate sheet if necessary

www.bwy.org.uk

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